

# ANNUAL REPORT 2016



## Celebrating Community

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### TIHAN's Staff Team

Scott Blades **Executive Director**  
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Maggie McCann **Operations Manager**  
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Bennett D. Burke **Volunteer Coordinator**  
Roy DeBise **Poz Cafe Kitchen/Menu Supervisor**

(as of December 2016)

### Our Community Comes Together



As a collaborative effort involving individuals, families, businesses, faith communities, and groups, TIHAN focuses on building a community where everyone is celebrated and supported to live well.

As Margaret Mead said, "Never doubt that a small, group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." At TIHAN, we see it, and we live it, and we love it!

With the support of so many caring friends in 2016, TIHAN again provided support services to more people living with HIV than ever before.

We are grateful for your donations, your voluntarism, your partnership over the course of 2016.

Oscar Arias Sanchez once reflected that "The effect of one good-hearted person is incalculable." How then, can we try to quantify the impact of so many amazing volunteers, donors, and community partners who do so much with and through TIHAN among so many great groups in our community?

Our collaborative network joins together to support people living with HIV, focusing our efforts to help people to live well. And we remember those we have lost and honor their memory by continuing our efforts of HIV awareness and support.

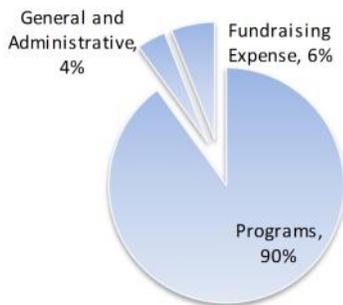
In 2016, our amazing network of volunteers helped to share updated information on the state of HIV, to build support programs and resources, to focus on wellness and celebrate life, to strengthen our infrastructure and ability to respond, to create legacies that will continue even after we're gone, and—most of all—to reach out to people in our community living with HIV and provide the resources, advocacy, and support to help them live well.

We are grateful for your support and partnership. In 2016, we were able to serve more people than ever before, and not just more people, but providing more support services, and providing them more often. It can be challenging enough to do so with a paid staff, but when you are doing so with a very small bare-bones staff that utilizes a strong network of volunteers, it becomes more impressive, more impactful, and more sustainable.

Partnering with faith communities, nonprofits and for-profit companies, and families and individuals, we create meaningful opportunities to connect and support. Thank you for being part of this amazing organization TIHAN, where we encourage and honor the time, talents, and treasures of a generous network committed to a more healthy and compassionate community where everyone is included, embraced, and supported to live well.

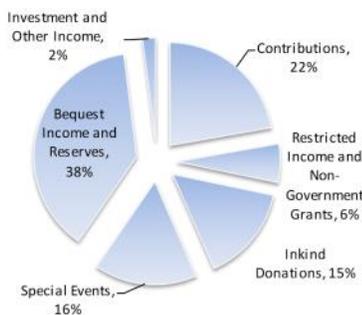
### 2015\* Uses of Revenue

Total: \$359,356



### 2015\* Sources of Revenue

Total: \$359,356



\*Source: TIHAN's audited financial statements for 2015. TIHAN's final financial statements for 2016 have not yet been prepared and audited. We will publish 2016 statements once the audit has been completed.

Scott Blades, Executive Director

## TIHAN'S PROGRAMS AND SERVICES: 2016



**Living Well with HIV** - Living Well with HIV, a curriculum designed to support people in becoming more active participants in their own physical, emotional, and spiritual health and well-being, reached 92 participants who attended one or more of the 24 classes offered. 2016 saw two graduating classes of participants earning their Living Well with HIV certificate!

**Eating Well**, a two-part class available quarterly, connected people with food resources and taught nutritional essentials such as food budgeting and healthier eating.

**Planning Well**, a budgeting class available quarterly, taught effective goal-setting tools to manage bills, build and repair credit, reduce debt, and more.

**Living Well**, an ongoing series of classes, offered a different topic of interest each month, such as end of life planning, sex and HIV, disclosure, and fitness and exercise.



**Poz Café Lunch Program** – Our monthly lunch program served 204 people living with HIV, and their guests. We served 1,675 meals. In addition to the nutritious meals, peer support, and socialization opportunities for our CarePartners living with HIV, Poz Café involved 182 volunteers from 40 faith communities with opportunities to learn and serve. After spending a day receiving HIV education and experiencing a hands-on service project, volunteers returned to their faith communities to share the message of love and service to people who have too often borne the brunt of discrimination and marginalization. In 2017, we expect to serve our 25,000th meal at Poz Café!



**CarePackages** -- A record 1,646 CarePackages, more than in any other year and a 12% increase over 2015 (and a 26% increase over 2014), were distributed to 271 people living with HIV. (We are on pace to distribute our 15,000th CarePackage in 2017.) TIHAN's CarePackages, grocery-sized bags of toiletries, hygiene, and cleaning products which cannot be purchased with an EBT card, made life a lot easier on those we served, most of whom live below the poverty level. Packages were distributed monthly at the TIHAN office, at Poz Café, and via home delivery to those in need.



**Linking People to Resources and Care** – TIHAN's Link Specialist volunteers connected 274 CarePartners with a variety of support services including home and hospital visits, weekly check-in phone calls, emotional support, transportation and shopping support, and a host of information, referral and advocacy support. The number of CarePartners reached with Link Specialist support increased 14%, thereby increasing the likelihood of their continuing medical care and adherence to life-saving anti-retroviral medications. We also worked closely with other service providers to ensure advocacy and support.



**CareTeam** -- While the death rate from HIV has declined substantially, there are some for whom CareTeam support is much-needed. In fact, it's a lifeline to those regaining strength or experiencing end-of-life transitions. And because HIV continues to impact people emotionally and physically, two TIHAN CareTeams offered a host of non-medical support services, providing in-home help, transportation, social support, visits, shopping, and — most importantly — compassion and love.



**Collaborations** – TIHAN collaborated with many community organizations to bring our message of hope to those living with HIV and to support HIV awareness and prevention. TIHAN participated in community events such as National Latino AIDS Awareness Day, Intuit's Volapalooza, World AIDS Day, Tucson Pride, AIDS Candlelight Memorial, LGBT Behavioral Health Conference, Wildcat Welcome, and more.



## Celebrating a Caring and Inclusive Community



**Holiday Support Programs** – In collaboration with the Southern Arizona AIDS Foundation, TIHAN brightened the holidays for 37 families living with HIV/AIDS and their 56 children under the age of 18. Donated gifts were provided for children and adults, along with a holiday gathering for families living with HIV to connect and find ways to establish new traditions.

In addition, because isolation and depression are especially common around the holidays, the December Poz Café was a special holiday dinner for adults living with HIV. Designed to create new ways of connecting with chosen family/friends, the party included a chance to get on the dance floor and receive a holiday gift donated by generous friends of TIHAN.



### Additional Programs and Support Services for People Living with HIV

**Poz Breakfast program** - Courtesy of Mother Hubbard's Restaurant, people living with HIV enjoyed free breakfasts and increased socialization and nutrition opportunities.

**Emergency Financial Support** - TIHAN expedited connections with providers to secure emergency financial assistance to 22 people living with HIV, helping primarily with rent and utility costs.

**Transportation Support** - TIHAN provided transportation to 10 persons living with HIV to medical and behavioral health appointments, and transportation to 35 people to attend Poz Café.

**Clergy HIV Awareness and Referral Network** – Supportive clergy from many faiths are on-call to provide pastoral counseling and support, as well as assist with memorial services for persons living with HIV, if requested.



**Faith-Based Presentations and Displays** - TIHAN reached thousands of people in faith communities, increasing HIV awareness, teaching the realities of HIV, and inviting people to become engaged in the solution. Through presentations to congregations at worship services and meetings, and by attending events with tables of information, we helped stop silence, fear, myth, and stigma, and enhance resources, advocacy, and support.

**Faith Community Liaisons** - Through quarterly meetings and regular communication, TIHAN supported faith communities as they expanded perspectives, put faith into action, and served the needs of the wider community. TIHAN worked with the appointed liaison from each participating faith community to keep us abreast of congregational happenings and to convey information about HIV, support services, and events.





**"You all inspire me to be a stronger and a better person 'living with' HIV/AIDS. Thank you for all you do. I'm looking forward to a brighter future, in large part, thanks to you all." — a grateful recipient**

## Volunteer Impact 2016

In 2016, TIHAN recruited and trained **50 new volunteers**, engaging them in our mission and showing them ways to make a difference.

Our existing volunteer team continued to dedicate their time and talents to our highest priorities: AIDS education and awareness, and supporting people living with HIV. Documenting **12,058 volunteer hours**, an amazing **440 volunteers** proved there is amazing support for our cause!



The Independent Sector, a national nonprofit that serves the charitable community, estimates the average dollar value of a volunteer hour at \$23.56. This means that the **volunteer hours donated to TIHAN in 2016 are valued at \$284,075.**

We are proud to have an incredible team of people making a difference, including the recipient of our 2015 Myron Morris "Excellence in Caring Award," Rose and Roger Carmichael, and our 2015 "Empowerment Award" winner, Robert Blankenship.

TIHAN's volunteers personify our mission: *fostering awareness and education to prevent the spread of HIV infection and to decrease the level of fear and stigma; providing care and support for all of us infected and affected by HIV so that we can live well; and catalyzing the community towards a compassionate response to this crisis affecting our families and our community.*



Tucson Interfaith HIV/AIDS Network  
Helping People with HIV to Live Well

## Special Recognition

*We wish there were space enough here to thank all of our many contributors who invest in our work and help people with HIV to live well. Please know that your gifts are appreciated and put to good use. Regardless of the size of your gift, we greatly appreciate your love and support.*

Heartfelt thanks to the following individuals, organizations, foundations and businesses who made major contributions\* to TIHAN in 2016:

<p>David Scott Allen and Mark Sammons Ann Baldwin Colette Barajas and Kristin Birner Kathy Belk Robert Bennett Beyond Video Scott Blades Richard Bolanos Dr. Kayla and Mary Boyer Bruce Cameron and Mark Rosenbaum Thomas Burke and Robert Scacco Gene Carlson Rose and Roger Carmichael Casas Adobes Congregational Church Centene Management Co Center for Health and Hope CODAC Health, Recovery, and Wellness David Cormier Cornerstone Fellowship The DesertLeaf Dove of Peace Lutheran Church Dr. Seth Dubry and Todd Colwell Eyelink Design Services First United Methodist Church of Tucson Roger Funk and Doug Noffsinger Sydney Ford / The Gap, Inc. Dr Randall Friese for House of Representatives Linda and Jim Girard Charles Gonzales Goodwill of Southern Arizona Grace St. Paul's Episcopal Church Donita Gross Jenny and Michael Hartung Soozie Hazan Pauline Hechler Joseph Heller and Frank Ptak Katie and Mitchell James Jim Click Millions for Tucson Raffle JW Marriott Starr Pass Resort and Spa Leslie Kahn and Susan Heinrich Barbara Kaller-Cohen and Kenny Cohen Kristi Frank Agency Inc</p>	<p>Law Office of Edminson-O'Brien, PLLC Tina MacBeth Kris and Rick Marsh Stuart Meinke Dr. Yvette Miller Morris A Hazan Family Foundation Phil Moul and Robert Stolarski Tom and Cheryl Muller Myron Morris Endowment Fund at Community Foundation for Southern Arizona Jim Nation Kathleen Norton Catherine O'Brien Saynor Our Saviour's Lutheran Church Pastiche Food + Drink Jeanne Porter PRO EM Professional Event Management Purcell Galleries of Fine Art Stephen Quinlan Xavier Ramirez and Michael Strait Raytheon GLBTA Jill and Jim Rich Linda Ronstadt Sydney Rosen SavOn Flowers / Dynamite Event Design and Management Patricia Small Southern Arizona AIDS Foundation Southside Presbyterian Church Southwest Airlines Karen and Ray Sparks St. Andrew's Presbyterian Church St. Francis in the Foothills United Methodist Church St. Mark's United Methodist Church St. Pius X Catholic Church Walter Stackman Michael Steinberg and Alan Taylor Mary Swiergol Kim and Dan Talerico Target Corporation Temple Emanu-El Ryan Thomsen Olivia and Paul Trujillo The Zarling Family</p>
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\* includes cash and inkind gifts

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