Reaching More Individuals Living with HIV

A Note from TIHAN’s Program Manager Deirdre Demers

Halfway through this year, TIHAN had served 280 individuals living with HIV, 5% more people compared to the same point last year. We have seen numbers similarly growing over the past few years, a trend that does not appear to be slowing. But there is also a remarkable detail hidden within that total of 280. Looking at these individuals, 32 of them (or 11%) are new to TIHAN, meaning this is the first time they have registered or received services.

Some of these newly-registered TIHAN CarePartners have recently learned that they are living with HIV. Others are new to Tucson but not new to living with the virus, and are getting connected to the resources that our community offers. And some new CarePartners are long-time Tucsonans living with HIV who either had no previous need for TIHAN services or were not aware of what was available to them.

We have many partner agencies to thank for referring their clients or patients to TIHAN, including SAAF (the Southern Arizona AIDS Foundation), El Rio Special Immunology Associates, and Banner-UMC Petersen HIV Clinics. Faith communities, TIHAN volunteers, and other individuals are also eager to share information about TIHAN with those who may benefit from our programs. Spreading the word is one way that TIHAN’s allies help to ensure that we can reach, serve, educate, and support our community members who are living with HIV. Likewise, we are thankful to have so many local resources to share with CarePartners – whether they have been involved with TIHAN for a few months or for many years – to help them thrive in all areas of life.

And we know that we have all of you to thank, our supporters, donors, volunteers, and friends, for being a major force behind TIHAN’s ability to provide important programs and services and to meet the growing needs of our local HIV community. With your support, we welcomed 32 new individuals in the first half of 2017; and with your continued support, we will welcome and serve as many people as need our support services.

Thanks to our Treasures for TIHAN sponsors and supporters, people will live better, and receive support. Thanks for a great event that raised thousands for our programs and services. See inside for more details!
Thank You to Our 2017 Treasures for TIHAN Auction Item Donors
Please support our donors, as they support our community!

For a listing with links to donor websites, click here.

It featured a packed crowd of 400-plus people, a hotel ballroom beautifully decorated, great food, fantastic items donated for bidding on, a fun casual beach party vibe, and the best, most awesome people in the world enjoying a great party. Thanks to hundreds of item donors, volunteers, sponsors, and attendees, Treasures for TIHAN 2017 was a great success!

Every year, people new to the event, seeing it for the first time, are amazed at how big and beautiful it is. And lots of people come year after year, knowing it’s one of their favorite charity events, and that they’ll have a great time. And also knowing it’s the most important evening of the year for our CarePartners living with HIV who look forward to knowing that our community has once again given generously to fund vital programs and services.

Thanks again for making our 20th Treasures for TIHAN another fun and fabulous benefit event, and for supporting TIHAN and helping people with HIV to live well.

**Our 20th Annual Benefit: Treasures for TIHAN 2017**

Without your support of our mission, we would not be able to provide—through education, support and volunteer opportunities—compassionate support and services to individuals and families affected by HIV/AIDS. Can you help us by donating any of the needed items listed below?

**General Office Supplies, Paper Products:**
- Office Depot/OfficeMax gift cards (very helpful for last-minute office needs)
- Facial tissues, toilet tissue, paper towels, cleaning supplies (for office use)
- Self-adhesive name badges (specifically with blue or red outline)
- Avery 5160 (or equivalent) laser address labels
- File Folders—Letter size ‘1 / 3 tab’ (manila or color)
- 8 1/2 x 11” copier paper, white or colors (pastel green, yellow, or orchid)
- Rolls or booklets of ‘Forever’ stamps (first-class) and postcard stamps

**Electronics/Computer Supplies:**
- Projector screen with stand (approximately 3ft high by 5.5ft wide)
- Portable, compact DLP LED 600 lumen projector (can be found at Amazon, Acer K132)
- Lightweight mini-tripod (can be found at AmazonBasics)

**Miscellaneous:**
- Grocery Store gift cards (for food for trainings/events/meetings, etc.)
- Toiletry items for client CarePackages (deodorant, shampoo, bleach, dish detergent, tooth brushes, toothpaste, floss, toilet tissue, soap, etc.)
- 30’ x 96’ rectangular folding table (8 foot table—new or gently used)
- Supplies including small paper plates (dessert size), and a bicycle chain and lock
- New and unused holiday gifts, raffle prizes, and bingo prizes for our CarePartners living with HIV (in the $15-$25 price range)
**SHARE YOUR LOVE THROUGHOUT THE YEAR**

**Spread Your Annual Gift into Monthly Contributions**

Many people find it easier to make smaller monthly contributions. $10 a month translates into an annual gift of $120. And $50 a month adds up to $600/year. To make it easy, you can set it up as an automatic charge to your credit card each month, so it’s less work for you (and easier for us)!

Whatever amount you choose to contribute each month, it adds up to many blessings for people living with HIV, providing support services that make a difference all throughout the year!

$10/month  $25/month  $100/month

Please visit [www.tihan.org](http://www.tihan.org) to sign up to contribute online.

Thank you!

**Recruiting As We Build Connections and Build Community**

As the area’s largest volunteer-based provider of services to help people with HIV to live well, we rely on people like you. Here are a few of the important volunteer roles for which we’re currently recruiting:

- Operations Assistant (formerly known as front desk receptionist)
- Database Entry Team Member
- Poz Café Kitchen Support
- Link Specialist Volunteer
- Marketing Committee Member
- Community Ambassador (Information Tabling Volunteer)

We’re seeking caring and compassionate people for these opportunities. If you think you can help, and would like to see if you have the talents and skills to be a good match for one of our current needs, contact Dennisse Ley at (520) 299-6647 ext 206 or VolunteerCoordinator@tihan.org to learn more and get started.

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**Keeping Up with Volunteer Opportunities and TIHAN News!**

Where can you find out about current volunteer opportunities? TIHAN’s Facebook page is a great resource! If you haven’t already “liked” it, you can find it here: [https://www.facebook.com/Tucson.Interfaith.HIV.AIDS.Network](https://www.facebook.com/Tucson.Interfaith.HIV.AIDS.Network), or search “TIHAN” from your Facebook page!

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**Calendar of Upcoming Events**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Aug 23</td>
<td>Living Well with HIV Class: Artful Ways to De-Stress</td>
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<tr>
<td>Sep 3</td>
<td>Turnabout for TIHAN benefit show</td>
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<tr>
<td>Sep 6, 20</td>
<td>Walking Together at Reid Park</td>
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<td>Sep 7</td>
<td>Planning Well Class on Budgeting</td>
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<tr>
<td>Sep 11, 25</td>
<td>Eating Well Classes, Part A and Part B</td>
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<tr>
<td>Sep 15</td>
<td>Poz Café Lunch</td>
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<tr>
<td>Sep 23</td>
<td>Volunteer Orientation</td>
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<tr>
<td>Oct 3</td>
<td>Care &amp; Support Training</td>
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<tr>
<td>Oct 14, 21</td>
<td>Dining with Friends benefit events</td>
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<tr>
<td>Oct 19</td>
<td>Poz Café Lunch</td>
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<td>Oct 19</td>
<td>National Latino AIDS Awareness Day Event</td>
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**Your Help Needed in Freshening Up**

In last year’s CarePartner Satisfaction Survey, we asked our CarePartners living with HIV to choose the most important toiletry items and cleaning supplies that they hope to receive in a monthly CarePackage. The top 5 most requested items included deodorant. When imagining a world without it, most of us would probably agree that this is a rather essential item!

Can you help us ensure that every CarePackage distributed includes a stick of deodorant? You might look for “buy one, get one free” sales, or visit a dollar store. We need both men’s and women’s deodorant, with a higher number needed for men. Whatever you can contribute will be greatly appreciated!

Please bring donations to the TIHAN office at 2660 N 1st Ave during business hours: Monday-Friday, 8:30am-4:30pm.
The Arizona Daily Star, Tucson's daily newspaper, featured a story about Treasures for TIHAN and highlighted the efforts of some of our best volunteers: Jenny Hartung, Tim Haver, and Ellie Johnson.

We had a sweet time at TIHAN’s Ice Cream Social Volunteer Appreciation event, organized by Dennisse Ley. Sweet treats, fun games, and a great time to connect with others and know how much you are appreciated.

TIHAN hosted an awesome social event for LGBTQ business professionals this summer, held at Amity Foundation’s Dragonfly Gallery on 4th Avenue.

TIHAN is grateful to be selected as one of the charities to be supported by the Arizona Gay Rodeo Association in Phoenix.

We’re grateful for volunteers Ted Adams and Mark Rosenbaum for heading up our transition to a new database. Thank you so much, guys!

A team featuring Darrin Woodring, Kristin Barnes, and Leslie Kahn helped us conduct a training session to support our TIHAN CarePartners and volunteer living with HIV learn to better share their personal stories about living with HIV.

Faith community representatives Traci, Ron, and Gwen participated in the AIDS Candlelight Memorial, a beautiful ceremony to honor and remember, and to renew the commitment to fight to end stigma and support people living with HIV.

Raytheon’s GLBT Employee Resource Group’s annual Louise Young Dinner raised over $3,500 to support TIHAN’s volunteer program!

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**Acknowledging Gifts Made to TIHAN In Honor Of and In Memory Of Loved Ones**

(Gifts received April 16—July 31, 2017)

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<thead>
<tr>
<th>Gifts Received In Honor Of</th>
<th>Gifts Received In Memory Of</th>
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<tbody>
<tr>
<td>All who live with HIV/AIDS</td>
<td>John Aucott *</td>
</tr>
<tr>
<td>Scott Blades *</td>
<td>Marc Brunelle *</td>
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<tr>
<td>Kseniya Efremova</td>
<td>Joseph Condee</td>
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<td>James Evans</td>
<td>Jim Crouch</td>
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<tr>
<td>Dennisse Ley</td>
<td>Leslie Ferguson *</td>
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<td>DeDe Markin</td>
<td>Derek Fowler *</td>
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<td>Maggie McCann</td>
<td>Effie Gregory</td>
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<tr>
<td>Tom and Cheryl Muller</td>
<td>David Mack Henderson</td>
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<td>Frank Sharp and Steve</td>
<td>Lacey Laws *</td>
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<td>Engebretson</td>
<td>Bill McManus *</td>
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<td>Kim and Dan Talerico</td>
<td>Myron Morris *</td>
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<td>TIHAN volunteers</td>
<td>Butch O’Daniel *</td>
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<td>Sue Robinson</td>
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<td>Ronald Schuyler</td>
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<td>Shelby Small</td>
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<td>Steve Trujillo</td>
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<td>Jim Valiton</td>
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<td>David Woody</td>
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* denotes those for whom multiple gifts have been received during this period of time

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**Reminder About Pets and Service Animals**

We love our pets—they are part of our families, and for many of us, a very important part of our support system. However, for safety, hygiene and allergy reasons, we can’t have pets at the TIHAN office or at TIHAN events. The only animals permitted in the office and/or at events are service animals.

A service animal is a dog that has been individually trained to do work or perform tasks for an individual with a disability. If you bring your service animal to the TIHAN office or a TIHAN event, such as Poz Café or a Living Well class, TIHAN staff may inquire if the dog is a service animal and ask what task the dog has been trained to perform.

TIHAN is committed to ensuring the safety and hygiene of the environment for our CarePartners, service animals, volunteers, and guests. Thank you!
Help Us Stay Connected With YOU!

 TIHAN strives to keep our records as current as possible. We recently transitioned to a new database, so we apologize in advance if there is an error in your mailing label. If you are receiving more than one newsletter, or if you would prefer to receive your newsletters electronically instead of through the mail, please contact Maggie McCann, Operations Manager, at 520-299-6647 x204 or OperationsManager@tihan.org. And it’s very helpful if you can please send us the original or a photo of the actual mailing label(s) from your newsletter so we can more easily track down the error. If you’re mailing us your incorrect/duplicate label, please send to Maggie McCann, TIHAN, 2660 N. 1st Avenue, Tucson, AZ 85719.

 Also, whenever you need to update any of your contact information, please contact Maggie. Helping us keep our contact records up to date ensures that you stay informed about TIHAN news and events, and allows us to keep our postage budget low so that we can focus our financial resources on our Care and Support programs and services. Thank you!

A Thank You to Our Awesome Volunteers!

More than 100 volunteers devoted over 600 hours to “Treasures for TIHAN,” our biggest fundraising event of the year. Their support helped us make the 2017 event an incredible night!

Our volunteer needs don’t end when Treasures is over, though. Many of our event volunteers – and others - are volunteers throughout the year, helping people with HIV to live well. A 501(c)(3) organization, TIHAN has become the largest privately-funded provider of services for people living with HIV in the state, and is the largest volunteer-based HIV service organization in Arizona, too.

Our dedicated volunteers fill a wide variety of roles, from answering phones, to working on our computers, helping people feel welcome and providing direct support services to our CarePartners. TIHAN volunteers also serve in roles like administrative support, Poz Cafe helpers, marketing, fundraising, advocacy, volunteer orientation and training, program evaluation and oversight, and much more. One of our volunteer opportunities is probably just right for you!

We all know that great feeling that comes from helping others. Let’s also remember that volunteers help themselves, too, in so many ways. Volunteering can be a great way to develop new skills, make friends outside our usual social circle, foster a greater sense of connection, obtain experience for the job you want, get some exercise, and spend time in a welcoming and affirming community.

How can you get started? It’s easy! Go to TIHAN.org, click on the “Volunteer” tab, then on “Volunteer Opportunities.” From there, you’ll not only be able to see our current openings – you’ll be able to express interest in them with a few clicks, letting TIHAN know you’re interested so we can follow up with you. Below you can also find a list of volunteer opportunities or you can contact Dennisse Ley at (520) 299-6647 ext 206 or VolunteerCoordinator@tihan.org to learn more. We hope to hear from you soon!

Note: Turnabout is an 18-and-over benefit show, and may contain adult humor and material. For tickets, call or stop by the TIHAN office, or visit https://tihan.epinme.org/Turnabout2017
Remembering Ann Baldwin

It is with sadness that we share the passing of longtime champion of TIHAN, Ann Baldwin. She was a wonderful and powerful woman who loved TIHAN almost as much as we loved her. When we first connected with Ann, she was the Parish Nurse at St. Philip’s in the Hills Episcopal Church, and she was so excited to become involved with TIHAN. She attended our volunteer training in 1999, and over the years served on TIHAN’s Board of Directors, assisted with other support programs, and was legendary in her support of our Treasures for TIHAN auction, which she absolutely loved.

She once wrote: “TIHAN is the most fulfilling non-profit organization that truly makes a difference and through which I’ve met so many generous spirits and devoted volunteers.”

Thank you, Ann, for being a blessing to TIHAN and those we serve. Your kind, gentle, loving spirit shall remain with us, always.

Living Well with HIV: Josephine Thanks You

When Josephine tested positive for HIV in 1989, she was living in Africa, and doctors in her area did not know anything about the virus or medications. When she moved to the US, Josephine made it a priority to learn and get quality medical care. She is now managing her health well, and accessing resources here in Tucson for people to live well.

At TIHAN’s monthly Poz Café, Josephine feels like she is with family. It’s time that she can spend with others who are accepting and who can understand what life with HIV is like. Josephine says she has also learned a lot from attending the two-part Eating Well class. She learned not only about eating more healthfully, but also about preparing food properly. In a practical sense, the monthly CarePackages that Josephine receives from TIHAN have been extremely helpful. Living on a limited income, having to purchase these toiletry and hygiene items on her own would put a great strain on Josephine’s budget.

Josephine likes to engage others about the topic of HIV as well. She enjoys educating people about HIV and letting them know they can live a full, happy, and healthy life with the virus. She knows that she has been able to manage the disease well not just through quality medical care and medications, but also by eating well and having a positive attitude – things that TIHAN is able to support her to do. She thanks you for your support of her and so many people living with HIV.

Honoring The Life of Leslie Ferguson

Leslie was a part of TIHAN for 20 years, and his passing was sudden and heartbreaking. What an amazing story, what an impact he made—especially on others living with HIV, and what an incredible family of friends whose lives he touched.

During the month of October, please join us to support our Dining with Friends party, gathering friends for great food and drink, and an even bigger purpose too! There are two ways you can get involved:

1. Host a dinner party as a benefit for TIHAN!
   The dinner theme, menu, and location are up to you; haute cuisine or hot dogs; black tie or blue jeans; you can even go with a theme party if you like. You can invite four people, or forty. The dinner can take place at a home, business, park, or restaurant. You provide the food and drink, and invite your guests, using your list of personal friends, family members and business acquaintances. In return for the dinner you are providing, you ask your guests to make a contribution to TIHAN so that we can continue to provide the services that our CarePartners utilize year round. The amount of the donation you ask for is entirely up to you.

2. Attend one of the parties!
   Enjoy a great meal, make a donation, and mingle with some awesome friends of TIHAN.

Some dinner parties are scheduled for Saturday, October 21, and others for Saturday, October 14, but you can host your party anytime during October!

Contact Scott Blades at scott@tihan.org for more information or if you are interested in hosting or attending a dinner party, and increasing the fun of our Dining with Friends event!
Raffle Grand Prize: 2017 Ford Explorer Platinum!

PLUS TWO MORE GREAT RAFFLE PRIZES!

2nd Prize: Two 1st-class roundtrip airline tickets to anywhere in the world

3rd Prize: $5,000 cash

Buy tickets online at www.tihan.org or at the TIHAN office

Raffle Tickets Only $25 each, or 5 tickets for $100

Public Raffle Drawing: December 14

Proceeds from all tickets sold by TIHAN will support our programs and services!

TiHan
Tucson Interfaith HIV/AIDS Network
2660 North 1st Avenue
Tucson, Arizona 85719
(520) 299-6647
www.tihan.org
ADDRESS SERVICE REQUESTED

Inside This Issue:
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- Celebrating A Successful Treasures
- 327 More Donors Who Care and Contribute!
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- Gifts to TIHAN in Honor and in Memory
- People and Events Making a Difference
- You Make Wishes Come True

To make a contribution in support of our programs and people living with HIV, please send a check to the address on the left, or visit our website www.tihan.org and click on the “DONATE TO TIHAN NOW” button.

Only with your support can we continue. Thank you!