



Tucson Interfaith HIV/AIDS Network

Helping People with HIV to Live Well

## NEWSLETTER

Tucson, Arizona

May 2018

Vol. 23, No. 2



The year's biggest  
fundraising event  
**and party**  
to support our  
programs and services!

### JOIN US:

- ◆ **Donations** of auction items are now being accepted!  
*Gift certificates, trips and travel, celebrity items, jewelry, gift baskets, textiles, event tickets, and more!*
- ◆ **Event sponsorships** available, at various levels, starting at \$500 (with lots of perks at each supporting level!)
- ◆ **Volunteer opportunities**—in advance, as well as on the day of the event.  
*Marketing, errands, event setup, silent auction monitors, and more!*
- ◆ **Event Tickets:** on sale for \$65 in advance or \$75 at the door—event tickets available online at [www.tihan.org](http://www.tihan.org)
- ◆ **Raffle tickets:** For only \$5, get a chance to win \$1,000 cash and other great prizes! (or buy 5 tickets for \$20, or 15 tickets for \$50) - raffle tickets available online at [www.tihan.org](http://www.tihan.org)

For more information or to support Treasures for TIHAN 2018, contact Scott at (520) 299-6647 ext 202 or [scott@tihan.org](mailto:scott@tihan.org)



### Volunteer with Treasures for TIHAN - Be a Part of the Fun!

We hope you'll plan to attend, and we also hope you'll be one of the 100+ volunteers that make this event awe-inspiring! We're seeking volunteers to work the day before, the day of, the day after – and even now in the weeks before the event. It's easy to sign up – go to [www.tihan.org](http://www.tihan.org) and click on Treasures for TIHAN, then sign up online to volunteer at the event. You can also stop by our office for a paper copy of the volunteer form, or contact us at 299-6647 or [VolunteerCoordinator@tihan.org](mailto:VolunteerCoordinator@tihan.org)

### Some Treasures You Can Bid On!

**Great Dining Experiences** at Vivace, Blue Willow, Hacienda del Sol, Kingfisher, El Sagarito, Café Tumerico, Za'atar Mediterranean Restaurant, MiAn Sushi and Modern Asian Cuisine, and more.

**Travel and Outings** including a one-week stay at a cottage on Nantucket, Rocky Point condo and resort stays, Tubac Golf Resort and Spa, lunch with Tucson Mayor Jonathan Rothschild, Westin La Paloma Resort, Verde Canyon Railroad, wine tastings, B&Bs, and many other trips and travel excursions in and out of Arizona.

**Jewelry, home and garden items, antiques, gift baskets, Native American works, quilts, health and beauty items, and more.**

**Services** including massages, facials, swim lessons, portrait photography, Pilates, framing, storage, gym membership, internet service, income tax preparation, art classes, auto detailing, yoga, and many more services!

**Tickets** to sporting events in Tucson and Phoenix, plus museums, theatres, gardens, concerts, symphony, exhibits, escape rooms, and many other special events in our area. **Plus more great items!**



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ADDRESS SERVICE REQUESTED

### Inside This Issue:

**Our Biggest Benefit Party of the Year: Treasures!**

*Update on Programs, Services, and People*

**Overcoming Fear with Hope**

Amazing people, fun events, life-affirming programs!

*This Quarterly Newsletter is also available through e-mail! Let us know how you'd prefer to receive it.*

*If you are interested in receiving this quarterly newsletter via email, contact Maggie McCann at 520-299-6647 ext 204 or [OperationsManager@tihan.org](mailto:OperationsManager@tihan.org) and let us know.*



To make a contribution in support of our programs and people living with HIV, please send a check

to the address on the left,

or visit our website

**[www.tihan.org](http://www.tihan.org)**

and click on the “

**DONATE TO TIHAN NOW” button.**

Only with your support

can we continue. Thank you!



### Serving More People, In More Ways

We have compiled the results of our programs and services in the first quarter of 2018, and we want to THANK YOU for helping TIHAN serve more and more CarePartners living with HIV.

Compared to the same time period last year, we've served more CarePartners living with HIV through our Link Specialist program, at Poz Café, and in the Living Well with HIV program.

Together, TIHAN's Link Specialist Volunteers and Mobile Link Specialists (pictured above) donated 20% more hours compared to this timeframe last year, which has helped us serve more people.

And we were excited to kick off the new year with three new partnerships to benefit CarePartners living with HIV: Starting Over Supplies from the **Assistance League of Tucson**, furniture and household goods from **St. Vincent de Paul** thrift stores, and monthly haircuts from **English Salon Spa**. To our volunteers, partner agencies, donors, and friends – thank you! Your support is making a difference!

**amazon**smile

You shop. Amazon gives.

Start your shopping at [smile.amazon.com](http://smile.amazon.com) and support TIHAN by selecting us as your charity of choice, and TIHAN will get a percentage of your purchase amount!

**Raffle Grand Prize: 2018 Jeep Grand Cherokee Summit**

Jim Click Millions for Tucson Raffle



Buy tickets online  
at [www.tihan.org](http://www.tihan.org)

**PLUS TWO MORE  
GREAT RAFFLE PRIZES!**

**2nd Prize: Two 1st-class  
roundtrip airline tickets  
to anywhere in the world**

**3rd prize: \$5,000 cash**

Raffle Tickets Only \$25 each,  
or 5 tickets for \$100



## Acknowledging Gifts Made to TIHAN In Honor Of and In Memory Of Loved Ones

(Gifts received January 1—March 31, 2018)

### Gifts Received in Honor Of

Cliff Aberham  
Colette Barajas  
Judy Berman and Liz Schulman \*  
Scott Blades \*  
CarePartners living with HIV  
Linda Girard  
Jill and Jim Rich  
Susan

### Gifts Received In Memory Of

Ralph Anderson  
Steven Boyer  
Marc Brunelle \*  
Rev. Dr. Jim Burns  
Albert Callahan  
Evelyn Colton  
Bob Ellis  
Derek Fowler \*  
Knut Lockwood  
Noel Matkin \*  
Bill McManus \*  
Myron Morris \*  
Ronald Schuyler  
Sheila's David  
Michael Vining

\* denotes those for whom multiple gifts have been received during this period of time



## Celebrating Community: TIHAN's Annual Meeting and Appreciation Party

It was a packed house as 150 volunteers and supporters came out to celebrate the community of TIHAN as well as our accomplishments.

The evening's volunteer, donor, and partner recognition included a presentation by our partner **Amity Foundation**, as well as the presentation of TIHAN's Empowerment Award to HIV+ activist **Tina Renee Krug** and the Myron Morris Excellence in Caring Award to longtime volunteer **Ellie Johnson** from Our Saviour's Lutheran Church.



## A Round of Applause!

Thanks to a great partnership with the Center for Health and Hope, the fourth annual **Swinging@AIDS** golf tournament weekend was another swinging success!

We had a record number of golfers for the tournament, a great silent auction, and an incredible benefit concert with the Ronstadt Brothers to wrap up the weekend.

We are grateful for the generosity of so many participants, sponsors, volunteers, and donors who raised \$25,000, proceeds to be divided evenly to benefit the programs of TIHAN as well as the Children of Africa Hope Mission School in Kenya.

The weekend's events were dedicated to the memory of Rev. Dr. Jim Burns, former pastor of Water of Life MCC and a former volunteer with **Swinging@AIDS**. And Linda Girard, a TIHAN founding board member and **Swinging@AIDS** volunteer, was honored with the Center's 2018 Leadership Award.

We'd like to extend a huge thank you to the Center, and to event organizers Claudia Svarstad and Beckie Harkey, along with all the volunteer team members who worked so hard to make the event such a success. Thank you!

 INTERNATIONAL  
**AIDS**  
CANDLELIGHT MEMORIAL

**Sunday, May 20**  
6:30pm – 7:30pm  
The Historic Y  
Courtyard  
738 N. 5th Avenue

**2018 Theme:** "Reflecting On Our Past,  
Preparing for Our Future"

## Overcoming Fear with Hope

"Today, life is happy and healthy, but it hasn't always been this way," David shares. He received his HIV diagnosis in 1991 and shortly after, watched his partner die from complications of the disease. David became scared that he also would die a painful death, so he turned to drugs to cope with the loss and to numb the fear.

David spent years in and out of jail, but had a strong reality check when his mother became ill a few years ago. "I realized that if I continued this spiral, I wouldn't have a place to go back to," David told us. "I felt like I had wasted so much time living in fear." In that moment, he decided to turn his life around. David stopped doing drugs and drinking alcohol; he began to focus on his health. This new outlook on life and health led him and his new partner to move from Texas to Tucson in 2017.



David has found Tucson to be a great city, with wonderful services for individuals living with HIV/AIDS. TIHAN has been one of those agencies that has helped David. "I look forward to the monthly lunches and have made some good friends by attending each month. We wouldn't really have a social life if it weren't for the lunches." In addition to Poz Café, David is joyful to have many other TIHAN programs and services available to him: "the classes and resources at TIHAN are also amazing! I would have never discovered an important housing resource if it weren't for one of the Living Well classes. We also received help with our rent payment in December which made our first Christmas in Tucson amazing. I am just so thankful for TIHAN and the things they do—everything is so thoughtful!"

With some recent great developments, such as quitting smoking and having an undetectable viral load, David still wonders how life might be different if he hadn't spent all of those years "hiding." Because of this, he now hopes to encourage others by sharing his story. "I feel like I wasted so much time, and don't want anyone else to waste so much time in fear. There is hope and there are organizations like TIHAN that really make a difference."

### JOB OPENING (part-time)

**Volunteer Coordinator:** [www.tihan.org](http://www.tihan.org)

Click on "About" and scroll down to "Job Openings" for details

### Calendar of Upcoming Events

May 17	Poz Café Lunch
May 19	Care & Support Training
May 20	AIDS Candlelight Memorial
May 23	"Living Well with HIV" Class: Latest HIV/AIDS Info
Jun 2	Treasures for TIHAN Auction and Party
Jun 4/18	"Eating Well" Classes, Part A and Part B
Jun 7	"Planning Well with HIV" Class on Budgeting
Jun 21	Poz Café Lunch
Jun 28	"Living Well with HIV" Class: Tailoring Pain Treatment for Individual Needs
Jul 28	Volunteer Orientation
Jul 19	Poz Café Lunch
Aug 2/3	Meetings of Faith Community Liaisons

## So Many Ways You Can Help Make a Difference!

Would you like to get to know your community better, develop new skills, and make a difference? Volunteering at TIHAN has many benefits for you and for TIHAN and the people we serve! Sign up for our July 28 Volunteer Orientation, which takes place from 8:30a-12:30p. We are recruiting volunteers for many roles, including:

- \* Operations Assistants (Front Desk Receptionist)
- \* Graphic Design Volunteers
- \* Program Coordinator Support Volunteers
- \* Link Specialist Volunteers
- \* Admin Support Volunteers (Running Errands)
- \* Spanish-speaking Link Specialist Volunteers
- \* Database Entry Team Members
- \* Finance Committee Volunteers
- \* Newsletter Coordination Volunteers
- \* Community Ambassadors (Information Tabling Volunteers)
- \* Grants Team Members
- \* Faith Community Liaisons
- \* Marketing Committee Volunteers
- \* Program Committee Volunteers (program evaluation experience)
- \* Maintenance Technician Volunteers (handy person)
- \* Newsletter Folding Volunteers

You can also find the complete list of our current volunteer openings by visiting [www.TIHAN.org](http://www.TIHAN.org), clicking on "Volunteer," then scroll to "Current Volunteer Opportunities" then "Click here." One of these opportunities might be just right for you! If you have additional questions, please contact us at 299-6647 or [VolunteerCoordinator@tihan.org](mailto:VolunteerCoordinator@tihan.org)