



Tucson Interfaith HIV/AIDS Network

Helping People with HIV to Live Well

NEWSLETTER

Tucson, Arizona

November 2018

Vol. 23, No. 4

Thank You for 29 Years of Service to Our Community

Looking back and reflecting upon the history of HIV in Southern Arizona, one name stands out. Dr. Kevin Carmichael is our longest serving HIV care provider.



Now, after 29 years of service as an HIV specialist physician, Dr. Carmichael is retiring from HIV care. In December, he will officially leave El Rio Special Immunology Associates, the area's largest HIV clinic—a clinic that he built.

In addition to developing a state-of-the-art integrated HIV clinic at El Rio, in addition to bringing in millions of dollars in Ryan White Care Act funds and many other resources for our community, Dr. Carmichael has cared for more than 1,000 patients with HIV. In the early days of the epidemic, he was there in our homes providing comfort and dignity as our friends and partners took their last breaths. And for the past two decades as HIV medical care has been transformed, he has been able to focus his efforts on living—keeping people alive and as healthy as possible.

Dr. Kevin Carmichael was one of the early responders to the HIV crisis here in Southern Arizona, and he has continued to serve our community for decades. TIHAN and our network of thousands of volunteers, donors, and people living with HIV will be forever grateful for his decades of care and advocacy.

Donate Up to \$800 to TIHAN, and Get The Same Amount Back As A Tax Credit

Since TIHAN is a Qualifying Charitable Organization providing assistance to low income residents of Arizona, your donations to TIHAN entitle you to a state tax credit in Arizona.



By donating to TIHAN, you may be eligible for a tax credit and reduce your Arizona state tax liability with a dollar-for-dollar reduction (up to \$400/person, or \$800/married couple filing jointly). Put your tax credit dollars where your heart is. Invest in TIHAN and our programs and services. The state of Arizona will give you a tax credit for doing so!

Give local. Keep local. Direct some of your state tax dollars to TIHAN.

Our QCO Code is 20359, which you should include when you file your taxes and claim your credit. Please contact your tax advisor for more info. Thanks for giving to TIHAN, and for claiming your tax credit and supporting our programs! www.tihan.org

A Note from Executive Director Scott Blades

Some people think that HIV is “over.” They don’t hear about it or see it in the news, and they’re not hearing about HIV-related deaths nearly as often.

Unfortunately, HIV is definitely not “over” yet. There are treatments that work amazingly well for many people, so the number of people LIVING with HIV increases, as the number of people dying from HIV decreases. HIV is still here, and HIV stigma and silence are still here, too.

Another significant myth is that TIHAN is funded by government sources. In fact, TIHAN made a commitment when we started many years ago to rely upon donations instead of government funding. We count on you to help.

Because of caring donors and volunteers, TIHAN continues to do all we can with the resources you give us — to share the message of hope as well as provide help and support for people living with HIV right here in our community.

As a coalition of individuals, faith communities, businesses, and community groups, TIHAN gathers your gifts of care and turns them into programs and services that offer help and hope.

We often share our gratitude to our caring volunteers and individual donors and faith communities, but I want to take a moment to acknowledge some of the businesses and foundations that have made significant gifts this year in support of our programs and people.

Broadway Cares/Equity Fights AIDS helps fund our Poz Café program. Target Corporation has given us a \$2,500 grant to supplement our CarePackage supplies. The Arizona Gay Rodeo Association has contributed over \$3,000 to support our services. Raytheon’s GLBTA group provides funds to support our volunteer program. The Morris A Hazan Family Foundation has made a gift in support of our staffing costs.

We’re grateful to have many caring donors who create a network of support, so that no one with HIV has to face it alone. Whether your gift is \$10 or \$10,000, it allows us to help people, and we are grateful!



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Put Your State Tax Credit Dollars Where Your Heart Is!

A New Car, Round-Trip Tickets, or \$1,000 Cash Prizes

Some of the Faces and Programs that We Love

Ways To Get Involved and Make A Difference in the Community

Update on Programs, Services, and People

Amazing people, fun events, life-affirming programs!

To make a contribution in support of our programs and people living with HIV, please send a check

to the address on the left,

or visit our website

www.tihan.org

and click on the “

DONATE TO TIHAN NOW”
button.

Seeking Holiday Gifts for our CarePartners Living with HIV

Help TIHAN Make the Holidays Brighter!

TIHAN staff and volunteers are gearing up for our two holiday programs: Family Day, a fun event for adults living with HIV and their children, and the special December Poz Café Dinner Party and Dance. With these two events coming up, it's our busiest time of the year.

These holiday events help to make the season more warm and special for many CarePartners living with HIV, who may not have a wide circle of family or friends nearby to spend time with. In addition, we collect gift donations as we try to offer every CarePartner at least one gift this holiday season. In order to achieve this goal, we need YOUR help! Any gifts you are able to donate are much appreciated. As you shop and help spread the word, please remember:

Gifts must be new and unused.

Donations should be unwrapped.

Because our CarePartners belong to different faith traditions, or may not identify with any faith, we ask that holiday gifts not portray any religious images or messages.

It's important for us to be able to keep gifts equitable, so please look for gifts with a value between \$20 and \$30. Gift cards in that range are ideal, too!

The greatest need is gifts for adult males.

The deadline to bring your donation(s) to TIHAN, in order for us to be able to use the gifts at our holiday programs for CarePartners, is Monday, December 3rd.

Thank you for helping TIHAN make the holiday season more special for CarePartners and their families!



A Celebration of Life for Ron Holland

In just three years, Ron quickly became a vital part of TIHAN in many ways. New volunteers coming to TIHAN were greeted by Ron as he spoke at the Volunteer Orientation, sharing his experiences of living with HIV. During our Care & Support Training, Ron was one of the presenters, using his chaplaincy background to help us train on issues regarding confidentiality, diversity, and boundaries. He also served on TIHAN's Nominating Committee, and was a key point of connection with his church, St. Francis in the Foothills United Methodist Church.

He loved to help, and through his volunteering as a Link Specialist, he was able to provide TIHAN CarePartners with emotional support as well as provide resources and help connect people to programs and services. As a front desk volunteer at the TIHAN office, Ron enjoyed greeting visitors and callers, ensuring they felt welcomed. At Poz Cafe, Ron would help educate the volunteers from the sponsoring congregations, and then serve as a resource for the positive attendees as well as help with the logistics of the lunch program. His passion and spirit for service was overflowing. He wanted to do as much as he could, and loved staying active and involved.



TIHAN celebrating the life and impact of Ron Holland at a gathering of friends and family.



Ron was passionate about many things, including social justice, serving people in need, sharing information about HIV and aging, and engaging people to learn more about HIV and get involved in supporting people with HIV. Ron loved meeting people, greeting everyone with a big smile and a hug. His booming laugh and his sense of humor always lit up the room.

The love that so many at TIHAN had for him was evident at TIHAN's heart-felt gathering for friends and family shortly after his passing.

A formal Celebration of Life service will be held on Friday, November 9th, at 5:00pm at St. Francis in the Foothills United Methodist Church (4625 East River Road, at the corner of Swan and River), followed by a simple reception. Like TIHAN, Ron loved St. Francis, where he served as chair of the Outreach Committee and as an office receptionist volunteer.

Please join us in sending love to Ron's husband Marshall and their children Kris and Jason.

Calendar of Upcoming Events

Nov 6	Election Day—Please Vote!
Nov 9	Celebration of Life for Ron Holland
Nov 13	Volunteer Orientation
Nov 14	Living Well with HIV Class: Local Resources
Nov 15	Poz Café Lunch
Dec 1	Red Brunch—Aunt Rita's Foundation
Dec 1	World AIDS Day
Dec 3 /17	Eating Well Classes—Part A and Part B
Dec 4	Holiday Gift Donation Deadline
Dec 6	Holiday Open House and Cookie Exchange
Dec 6	Last Day to Purchase Raffle Tickets to Win Car
Dec 12	Poz Cafe Holiday Dinner Party and Dance
Dec 13	Planning Well Class
Dec 15	Family Day Holiday Party for HIV+ Families

SAVE THE DATE!



SWINGING@AIDS

March 23, 2019

a golf tournament benefit
for HIV programs — both local and global

*Supporting the programs of
Tucson Interfaith HIV/AIDS Network
and Center for Health and Hope*

This Quarterly Newsletter is also available through e-mail — please let us know how you'd prefer to read it.

If you are interested in receiving this quarterly newsletter via email, simply contact Maggie at 520-299-6647 ext 204 or

A Special Tour of the Mission San Xavier del Bac for TIHAN Donors

Thanks to Dr. Stan Maliszewski, a former TIHAN board member and current docent with the Mission, for a wonderful behind-the-scenes tour!



During the month of October, friends of TIHAN hosted dinner parties in their homes and other venues, inviting their friends for great food and fellowship, with each guest making a donation in support of TIHAN's programs and services.

Thanks to all of our hosts and all those helping make such special dinner parties throughout Tucson. Wonderful food, drink, and company were shared at each party, with great connections and re-connections between people and also with TIHAN and our mission.

We're looking forward to building on this success next year, with even more dinner parties around town, all to support TIHAN's programs that help people with HIV to



Thank you, Melinda Diebolt of Long Realty Mortgage, for sponsoring our Dining with Friends event!



live well.



Turnabout for TIHAN: \$26,500 Raised!

Thank you to an awesome community of people who came together for Turnabout for TIHAN, putting on an awesome event that raised a record amount for TIHAN's support services. A sellout crowd of more than 400 people! We'd like to convey our thanks to many people and groups.

KUDOS to the fantastic team who helped plan and promote the event: Arlan Colton, David Zinke, Nathan Wade, Alvaro DeAsis, Patrick Holt, Mikey Segura, Cathy Ernst, Karen McCluskey, David Hoffman, and Jess Losoya.

Thank you to the event sponsors who contributed funds supporting the event, or contributed services (sponsor list is below, right).

Big thanks, too, for some key people who helped make it a success, including our emcees Tempest DuJour and Janee' Starr, performers, volunteers, table captains, donors (including Michael Steinberg and Alan Taylor, Scott Schoen, and Gene Carlson), community partners, and everyone who attended the show and contributed to its success.

One of the highlights of the evening was the presentation of our 2018 Stonewall Award for longtime contributions to the community to Natalie Perry.



Celebrating Frank Ptak and Joe Heller, Recipients of TIHAN's 2018 Spirit of Philanthropy Award

TIHAN joins the local commemoration of National Philanthropy Day to honor Frank Ptak and Joe Heller for making a difference in the lives of those living with HIV/AIDS through TIHAN.

For more than a decade, Joe Heller and Frank Ptak have been among the most significant supporters of TIHAN and our programs to help people with HIV to live well. In addition to financial gifts, Joe and Frank have exemplified philanthropy through donating office supplies, holiday gifts for our CarePartners (clients living with HIV), items for our Treasures for TIHAN auction, and toiletries for our CarePackages. They give generously of their hearts, providing advocacy and support to many friends who have become part of their extended family. Kindhearted, generous, and benevolent, Frank and Joe care deeply about the people and programs of TIHAN.

With gratitude, TIHAN is recognizing Frank and Joe with our 2018 Spirit of Philanthropy Award, to be presented at the National Philanthropy Day luncheon at La Paloma Resort. *"The Spirit of Philanthropy Award recognizes people for their generous spirit, evidenced in their contributions of time, efforts, and/or resources. These people demonstrate extraordinary leadership and vision in support of charitable agencies' goals. Their contribution makes a better community a reality. We honor them and are grateful for their spirit of giving. They truly inspire us all."*

Thank you, Frank and Joe, for changing the world with your giving hearts!



WE CELEBRATE FRANK AND JOE
WHO GIVE GENEROUSLY OF THEIR HEARTS,
PROVIDING ADVOCACY AND SUPPORT.
THANK YOU FOR MAKING A DIFFERENCE
THROUGH TIHAN, HELPING PEOPLE WITH HIV
TO LIVE AS WELL AS POSSIBLE.



FRANK PTAK AND JOE HELLER

In Our Community

TIHAN's Board of Directors at their annual retreat to plan our future. What a great group of volunteers!



Celebrating board member Katie James at her baby shower. We're so excited for you Katie, Mitchell, and baby James!

Thanks to downtown's English Salon Spa, TIHAN CarePartners living with HIV can get a free haircut once a month. Here's Ed enjoying the opportunity!



We're grateful for our partnership with Amity Foundation. One of the ways we partner is having their culinary arts team work with Chef John on our Poz Café lunches!



TIHAN represented at the Tucson Pride parade and festival, sharing information about our services and volunteer opportunities.



A reception with the Tucson GLBT Chamber of Commerce featuring the art of Eric Galbreath.



Presenting a certificate to congratulate the Southern Arizona Gender Alliance on their 20th anniversary!



Opportunities to Help with One of TIHAN's Most Loved and Utilized Programs: Poz Café

At our monthly Poz Café luncheon, adults living with HIV gather to share in each other's company and enjoy a good meal. Over the years, we've made improvements to make it feel more special—including use of white tablecloths and beautiful, multicolored cloth napkins rather than purchasing disposable plastic table covers and paper napkins every month. You can help us provide this fine environment to CarePartners by volunteering to help launder the linens – just a few hours a month. Linens need to be picked up from the TIHAN office after Poz Café (the 3rd Thursday of the month), and must be returned to the office at least two days prior to the next month's lunch. No orientation or training required!

Poz Café's nutritious and delicious meals, shared with others, can support good health and a sense of well-being. After many years of having no room for more Poz Café volunteers, we now have opportunities for once-a-month leadership roles, helping to guide the volunteers from the sponsoring faith communities and groups each month. Poz Café volunteers work in a variety of roles, including greeting and welcoming CarePartners and guests, assisting in the kitchen, setting and clearing tables, serving food, overseeing the assembly and distribution of CarePackages, assisting with bingo and raffles, helping with clean up, and much more. If you have experience in restaurant or food service, like helping in a fast-paced environment, and are available on the 3rd Thursday of the month from 9:00am-2:00pm, Poz Cafe might be the great volunteer opportunity you've been looking for!

For more information about these two opportunities to help with Poz Cafe, please contact Deirdre Demers, Program Manager, at ProgramManager@tihan.org or 299-6647 ext 203.



A warm welcome
A smile
A hot meal
A CarePackage
A safe place where HIV-positive people can surround themselves with other positive people
A safe place to learn and serve
A place to connect
A place where you are A PART OF something, not apart from everything



wishlist

Because you asked, here are a few of our favorite things, just in case you might be able to donate to us:

- Private, secured storage space (10'x10' or larger)
- Avery 5160 laser address labels
- File folders—letter size '1 / 3 tab' (manila or color)
- 8.5" x 11" multi-use copy paper, white or colors (pastel green, yellow, or orchid)
- Rolls or booklets of 'Forever' stamps (first-class) and postcard stamps
- Office Depot/OfficeMax gift cards (very helpful for any last-minute office needs)
- Facial tissues, toilet tissue, paper towels, cleaning supplies (for office use)
- #10 security envelopes
- Rolls of plastic packing tape (to fit packing tape guns)
- Grocery store gift cards (for purchasing food for trainings/events/meetings, etc.)
- Two padded tablecloths to fit 8-foot tables
- 10' x 10' pop up canopy
- Convertible hand truck / platform dolly
- Bankers boxes with lids (new or gently used)
- Sturdy, metal, shelving units—two sets needed

Donations can be dropped off at the TIHAN office Monday through Friday from 8:30am-4:30pm. For more details, contact Maggie McCann, Operations Manager, at 299-6647 ext 204 or OperationsManager@tihan.org

Our Amazon Wishlist

Through Amazon and AmazonSmile, you can easily support TIHAN with our administrative and direct support needs by ordering wishlist items and shipping directly to the TIHAN office. If you are an Amazon Smile shopper, you can also select TIHAN to receive 0.5% of the price of your purchase too!

Here's how it works:

1. Log in to your Amazon Smile account. Under "Accounts & Lists," select "Find a List or Registry" and type "TIHAN" or "Tucson Interfaith HIV/AIDS Network" in the search bar.
2. Make your product selection(s) and add them to your cart.
3. Upon checkout, select Tucson Interfaith HIV/AIDS Network's address for the delivery address. Please add a gift receipt so we can acknowledge your generous in-kind donation.
4. Finalize all remaining details for your order, review for accuracy, and place your order.

Your donation will then be on its way to TIHAN, helping us support people with HIV to live well.

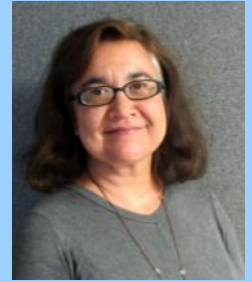
*Share your blessings,
and help make
wishes come true!*

Welcome to TIHAN, Maricela!

TIHAN's new bilingual Program Coordinator, Maricela Fair, oversees the Living Well with HIV and Link Specialist programs here at TIHAN. Maricela was born and raised in Tucson and is a proud mother of a 17-year-old daughter. She has worked in the non-profit/social services field for over 20 years, including at Casa de los Ninos and the Southern Arizona AIDS Foundation (SAAF).

When she is not working or busy with community functions, Maricela enjoys spending time outdoors, hiking with her daughter and friends, and cooking for family and friends. She conveys that she is excited to be part of such a wonderful organization and to have the opportunity to work with such amazing individuals.

You can get reach Maricela at ProgramCoordinator@tihan.org or 299-6647 ext 207. Welcome, Maricela!



Keeping Up with Volunteer Opportunities and TIHAN News!

Where can you find out about current news, updates, events, and volunteer opportunities? TIHAN's Facebook page is a great resource! If you haven't already "liked" it, you can find it here:

<https://www.facebook.com/Tucson.Interfaith.HIV.AIDS.Network>, or search "TIHAN" from your Facebook page!



SHARE YOUR LOVE THROUGHOUT THE YEAR

Spread Your Annual Gift into Monthly Contributions

Many people find it easier to make smaller monthly contributions. \$10 a month translates into an annual gift of \$120. And \$50 a month adds up to \$600/year. To make it easy, you can set it up as an automatic charge to your credit card each month, so it's less work for you (and easier for us)!

Whatever amount you choose to contribute each month, it adds up to many blessings for people living with HIV, providing support services that make a difference all throughout the year!

\$10/month \$25/month \$100/month

Please visit www.tihan.org to sign up to contribute online. **Thank you!**

Raffle Grand Prize: 2018 Jeep Grand Cherokee Summit!

Jim Click "Millions for Tucson" Charity Raffle

It's
almost
here!



PLUS TWO MORE GREAT RAFFLE PRIZES!

**2nd Prize: Two 1st-class
roundtrip airline tickets
to anywhere in the world**

3rd Prize: \$5,000 cash

Buy tickets online at
www.tihan.org
or at the TIHAN office

**Raffle Tickets Only \$25 each,
or 5 tickets for \$100**

Ticket Purchase Deadline: December 6
Public Raffle Drawing: December 13

Proceeds from all tickets sold by TIHAN will support our programs and services!

December Holiday Open House and Cookie Exchange!

Please mark your calendar for Thursday, December 6th from 4:00pm - 5:30pm for our Holiday Open House at the TIHAN office. We are inviting volunteers, donors, CarePartners, and friends to stop by, enjoy a treat, and get to know each other! TIHAN staff and some of the Board of Directors will be participating; and it's a great way to get started on your holiday cheer!

Feel free to bring your favorite cookies to share—one or two dozen is plenty! Everyone will be able to take some cookies home with them. Please provide ingredient information if the cookies contain nuts, as some people have allergies. We'll provide coffee, cider, and hot chocolate.

Please RSVP to Maggie McCann, Operations Manager, so we know how many to expect - 299-6647 ext 204 or OperationsManager@tihan.org



Acknowledging Gifts Made to TIHAN In Honor Of and In Memory Of Loved Ones

(Gifts received August 1—October 15, 2018)

Gifts Received in Honor Of

Jennifer Black *
Scott Blades *
Brian Butler
Tj Duffy *
Dianne Gundersen
Zach Hopper *
Jeremy and Betsy
Barbara Kaller-Cohen and
Kenny Cohen *
Stan Maliszewski
Robert Markley
Denise and Tibor Nagy
Frank Ptak and Joe Heller
Jill and Jim Rich *
Claudia Svarstad and Beckie
Harkey

Gifts Received In Memory Of

Rex Averett
Marc Brunelle *
Steven Boyer
Randy Decker *
Derek Fowler *
Noel Matkin
Bill McManus *
Myron Morris *
Butch O'Daniel
Ronald Schuyler

** denotes those for whom
multiple gifts have been
received during this period
of time*

If you'd like to make a contribution to TIHAN in honor or in memory of someone who's impacted your life, let us know and we'll send them a note that you have done so (of course, we won't mention the gift amount).

Collecting Shampoo for Our

As the need for CarePackages continues, we're asking for your help to keep up with the demand.

We're seeking all kinds of toiletry and cleaning products, but we are especially in need of bottles of shampoo.



Can you help us make sure that every CarePackage that we distribute to a CarePartner living with HIV includes the vital necessities of life? Please consider making a donation of shampoo, conditioner, or a 2-in-1 combo. These items can be dropped off at the TIHAN office Monday - Friday, 8:30am-4:30pm.

For a full list of needed items, visit www.tihan.org and click on the Donate page, then CarePackage Wish List.



Current Volunteer Opportunities: Can you help?

Next Volunteer

Thinking about getting involved in your community? There's still time to sign up for our last Volunteer Orientation of the year — Tuesday, November 13th from 12:30pm-4:30pm. We'll provide you with an overview of HIV, a panel of people living with HIV sharing their stories, and the essentials of TIHAN and our current volunteer opportunities. If you want to meet people, learn new skills, and make a difference, this is for you!

We're currently recruiting volunteers for a variety of roles in direct support services, administrative support, and fundraising roles, including:

Community Ambassadors (resource table volunteers sharing information at community events)

Operations Assistants (greeting visitors to the TIHAN office and callers, and directing them to the right person, as well as helping with administrative tasks)

Link Specialist volunteers (meeting with CarePartners and connecting them with support)

Program Committee Volunteers (helping grow TIHAN's programs and services to meet the needs of CarePartners)

Grants Team Volunteers (assisting with research, writing, and reviewing proposals for funding)

Maintenance Volunteer (helping with some simple handy-person tasks around the TIHAN office)

These are just a few examples of what we need—a complete list of our current volunteer openings can be seen at TIHAN.org, clicking on "Volunteer," then on "Volunteer Opportunities." One of these roles might be perfect for you! For more information, contact us at 299-6647 ext 206, or VolunteerCoordinator@tihan.org