



Tucson Interfaith HIV/AIDS Network
Helping People with HIV to Live Well

NEWSLETTER

Tucson, Arizona

September 2021

Vol. 26, No. 3

Remembering An Exceptional Woman and Ally: Barbara Kaller-Cohen

by Scott Blades, Executive Director

My “second mom” passed away in May. **I met Barbara Kaller in 1990 on the most transformative weekend of my life.** That weekend was an occasion that Barbara helped me understand as an “enlightenment experience,” a spiritual moment where the past, present, and future of my life converged into a moment of clarity, filling me with peace, and a clear direction for what I needed to do. That weekend I received a clear “calling” to serve people living with HIV, and that weekend I met Barbara.

I was at a membership retreat for St. Francis in the Foothills United Methodist Church, held at a cabin on Mt Lemmon. The retreat ended on a Sunday, and the closing was a “trust exercise,” where we were led outside with our eyes closed and, when we opened our eyes, we each had a person standing in front of us, assigned at random—someone from the previous membership class. **Standing before me was a woman with a radiant smile, welcoming me with open arms. Little did I know how that “random” assignment, that one instant, would change my life.** We sat down and shared lunch, and the bonding began.

The spiritual experience that weekend doesn’t really fit into words, so I don’t talk about it much. My commitment to myself at that retreat was to move through my fears and begin volunteering to help people with HIV/AIDS (something I had been putting off because of my trauma of losing my mentor and best friend Jerry to the disease). Little did I know how Barbara would play such an immense role in my journey—our journey. **Barbara was Jewish, but loved the spirituality, sense of community, and service to others that St. Francis was nurturing. And I was newly joining a church after spending much of my life vowing to never set foot in a church, angry at the hypocrisy and judgment.** Barbara and I connected on many levels, and together we began a journey of love and service.

Soon, we became co-chairs of the church’s reconciling program, the group that oversaw the congregation’s commitment to the full inclusion of gay, lesbian, and bisexual people* (which was still ruled as being “contrary to church teaching” in the United Methodist Church). As part of our leadership, **we formed a non-proselytizing HIV/AIDS ministry that developed AIDS education and training programs, created support systems for people with HIV (most of whom were dying at the height of the AIDS crisis before effective medications were developed), and forged partnerships with other Tucson-area faith communities and local AIDS service organizations.** Neither Barbara nor I had experience in this area of organizing, but we were full of passion. I was a 20-something-year-old man finally coming to terms with my sexuality after teenage years of suicidality, and life as a young adult living a relatively closeted life. Barbara was a 50-something heterosexual woman who had been widowed and was seeking to explore new ways of being and helping.

Together, we thrived and grew. In 1993, we gathered a group from St. Francis to attend the March on Washington for Lesbian, Gay, and Bi Equal Rights and Liberation, a large political rally--one of the largest protests in US history—and the accompanying display of the NAMES Project AIDS Memorial Quilt, with thousands of quilt panels laid out on the National Mall surrounding the Washington Monument. **We marched, we walked the acres of AIDS quilt panels, we celebrated, we cried, and deepened our commitment.**

As the church’s AIDS ministry expanded in 1994 into a nonprofit organization that would be named TIHAN, **Barbara was an ever-present volunteer and supporter, always preferring to stay in the background.** For many years, she volunteered in the office, creating the “thank you” letters for the donors to TIHAN.



Scott and Barbara



Kenny Cohen and Barbara Kaller-Cohen

(story continued on page 3)



Tucson Interfaith HIV/AIDS Network
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 Tucson, Arizona 85719
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www.tihan.org



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Augustine Shares About Living with HIV, and How TIHAN Helps

So Many Ways to Be of Support!

Honoring Jim and Jill Rich

Amazing people, fun events, life-affirming programs!

To make a contribution in support of our programs and people living with HIV, please send a check to the address on the left, or visit our website www.tihan.org and click on the “DONATE TO TIHAN NOW” button. Only with your support can we continue. Thank you!

2021 Treasures for TIHAN Sponsors



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With additional major support provided by:

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Thanks to our Treasures for TIHAN sponsors and supporters, people will live better, and receive support. Thank you for a great event that raised thousands for our programs and services. See inside for details!

Augustine Shares About Living with HIV

Augustine is a native Tucsonan. He's been living with HIV for 13 years, but his family doesn't know, and he's not ready to tell them. However, he knows they might find out someday.



"They know I am gay, but not about my HIV," he shared. "It's a very personal decision when someone is ready to tell your family or friends about their HIV status. I'm not ready yet, but if they find out, if they see this article about me, I know they'll love me no matter what."

It was May 3, 2008, when Augustine took a routine HIV test at a community health fair. "When it came back positive," he recalled, "I was shocked... devastated. But I found the strength in myself. I told myself I have to do what it takes to make myself well. I did some research about HIV treatments and started right away." He tried several medication regimens, and some made him feel sick, so he and his doctor at El Rio kept trying until they found one that worked. His HIV level is now undetectable, he proudly shared.

Augustine had been a volunteer with Wingspan's *Puertas Abiertas* program, and so he knew about resources for help. He had also volunteered with TIHAN for a while. After he tested positive, he immediately contacted SAAF and TIHAN to get support resources.

"TIHAN has been really great for me," he told us. His \$814 monthly disability check covers his rent for his Section 8 apartment, as well as his electric, cable, and phone bill. "The CarePackages, the gift cards to Fry's for food, the Poz Café — they have really helped me a lot."

Augustine misses the days before COVID, when Poz Café was a major social highlight of the month. "The Poz Café in person was very fun, when we could interact with everyone, meet new people, and have a great time together. It helped distract from the stresses of life and connect with friends who know what I'm going through. It was always very cheerful!"

Augustine himself is a very cheerful, outgoing, positive person, constantly smiling and laughing. "I've always been that way," he said. "I did get depressed for a while right after I was diagnosed, but Lady Godiva chocolates helped get me through that! Those always cheer me up!"

"TIHAN is just very welcoming and helpful to people, especially people who are newly diagnosed and afraid," he shared.

What does he wish for TIHAN? "I wish TIHAN had more volunteers to help take the load off of link specialists, so appointments could be scheduled quicker," he said. "Sometimes it takes a little bit of a wait for a callback to get an appointment scheduled for a CarePackage."

And, he continued, "I wish people would donate to support TIHAN, because they help me and everybody living with HIV. Thank you, TIHAN. It's a wonderful organization!"

Program Results So Far in 2021

by Deirdre Demers, Program Manager

Our Care & Support Team shares with you the following program results from January through August of 2021:

- * We provided 1,456 CarePackages to 279 CarePartners
- * We provided 1,438 grocery store gift cards, for either \$50 or \$25, to 277 CarePartners
- * We hosted a Poz Café pick-up event each month, attended over these months by 207 individual CarePartners
- * We served a total of 1,040 Poz Café meals, both to those attending Poz Café and to CarePartners visiting the office in the days afterwards and receiving frozen meals
- * We provided Link Specialist support to 372 CarePartners, including:

- emotional support, information, and referral
- re-engagement of individuals who either hadn't registered with TIHAN for the current year or who had lost contact with us due to bad phone numbers or mailing addresses
- 33 CarePartners received weekly check-in calls
- six people received financial assistance referrals
- eight people received vouchers for furniture from Goodwill stores
- 15 CarePartners received Starting Over Supply (SOS) Kits from the Assistance League of Tucson

In total, we served 393 individuals living with HIV from January through August of this year – all with your generous support.

We have also been collecting COVID-19 vaccination information from those CarePartners who are willing to share, and we are happy to report that 83% of CarePartners who responded are fully vaccinated.

Thank you for helping us to reach these kinds of achievements, providing important services to Tucson's HIV community, during challenging pandemic times and always!

TIHAN in the News

Arizona Daily Star writer Loni Nannini profiled our Treasures for TIHAN event and TIHAN volunteer/supporter Tina MacBeth: "TIHAN celebrates 25th anniversary of helping people with HIV/AIDS." We've also been featured recently on the "Lifestyle Tucson" program on Lotus Communication stations KLPX, KFMA, La Caliente, La Buena, ESPN Tucson, and 94.9 Mix FM, featuring an interview of TIHAN Board President Dan Uroff and Executive Director Scott Blades.



Remembering Barbara (continued from Page 1)

Eventually, **Barbara married Kenny Cohen, and they connected with Temple Emanu-El, a reform synagogue.** Their journey took them away from the Tucson area—to Phoenix, then more recently Coronado, California—but their support of TIHAN never wavered, helping TIHAN become the largest non-government-funded provider of support services for people living with HIV in the state of Arizona. **Barbara and Kenny are among the greatest supporters of TIHAN in our 27-year history.**

Barbara was a dear friend, and my “second mom.” She stood up for me at my commitment ceremony in the 1990’s, and she was there for me after we separated. She nurtured me through many personal and professional challenges and celebrations, and I presented her with opportunities to support more people and serve as a **“PFLAG mom,” which so many in the LGBTQ and HIV communities need and deserve.**

PFLAG is an international movement, the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies. PFLAG moms are known for their unconditional love, courage, and advocacy. **So many people need a supportive and accepting mom like Barbara, and she was happy to be a fierce ally and advocate for them, and to show them the love they need to thrive.**

Our connection, the strengths that we brought out in each other, has helped provide support services to more than 1,000 people living with HIV, and continues to build a more just and caring community. In addition to her impact on me and my husband Jess and the people she helps through TIHAN, **Barbara’s legacy lives on through her husband Kenny, her daughter Sharon, her son Roy and daughter-in-law Deb, her grandchildren and great-grandchildren, daughter-of-choice Beth and her wife Carrie, in-laws, and a whole multitude of more family and friends.**

One instant can change your life. In 1990, it happened to me when this beautiful woman Barbara appeared before me. I feel so blessed to be a part of her magnificent journey.

** Note regarding the term “LGB” of the 1990’s: Regrettably, it took many of us far too long as individuals, institutions, and as a community to fully acknowledge, embrace, and include our trans and non-binary members in our LGBTQ+ community.*



Scott and Barbara in DC in 1993, preparing for the March on Washington

Shampoo, Cleaning Supplies, and More Items Sought for CarePackages for People Living with HIV

Because of donors like you, people living with HIV can receive a CarePackage each month, filled with toiletry and cleaning supplies.

Some of the most requested items for these CarePackages are shampoo and household cleaning supplies. As the demand for CarePackages increases, can you help us ensure that every bag includes shampoo and cleaning supplies, too?

Paper towels, soap, deodorant for men, toothpaste, disinfectant—our CarePackages contain these and more toiletry items that cannot be purchased with SNAP benefits (formerly known as food stamps). Since most of the people we serve are on limited income, these CarePackages really help people make it through the month.



Please bring donations to the TIHAN office at 2660 North 1st Ave during business hours: Monday-Friday, 8:30am-4:30pm. Our office is always open during those times, and we have a touch-free drop off table for you out front (and you can complete a donation form to get a receipt). Thank you!

**Remote
Volunteer
Orientations—
You Can
Zoom into
Being a
Volunteer!**



Although some of our volunteer roles are “on pause” right now for safety, we do have a few essential and remote volunteer opportunities, and we have monthly orientation sessions for people interested in volunteering.

For more information about volunteer opportunities, and signing up to attend an upcoming Volunteer Orientation via Zoom, please contact Greg Christian at VolunteerCoordinator@tihan.org or (520) 299-6647 ext 204.

Thank You to Auction Item Donors to Our 2021 Treasures for TIHAN

Please support our donors, as they support our community!

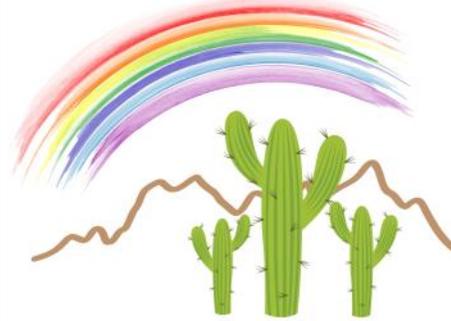
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Robert Gomez
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Eileen Hamm

Mary Hansen
Rowena L.
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Mike and Jenny
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A Healing Grace
Audrey Holland
Hotel McCoy
Howard Paley
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Invisible Theatre
Jewell Livers
Massage Therapist
Johnny Gibson's Downtown
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Dale Jones and Rex Crouse
Bill Jones and Alan Storm
The Estate of Barbara Kaller
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Murray Keshner
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Kay P. Korn
Barbara Kuzara Art
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Tina MacBeth
Madaras Gallery
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Marriott Tucson University Park
Hotel
Jack McLain
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The Mini Time Machine of
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Made for a Queen
Ronen More
Mostly Mosaic
Cheryl Muller
Janet M. Munson
Hal Myers
Victor Navarro Fine Art
Kurt Niece
Douglas Nielsen
Old Presidio Traders
Stephen Oscherwitz, MD &
Lorraene Crawford
Jane Perri
Petroglyphs
Frank and Lindi Laws Petroni
Phoenix Art Museum
Plunkett's Office Products &
Hallmark
Marco Prado
PRP Wine International
Ross Purcell
Purcell Gallery
Reid Park Zoo
Estate of Richard Reilly
Renee's Organic Oven

THANK YOU!

Your support of our Treasures for TIHAN benefit created rainbows of support for people living with HIV

You make our world even more beautiful!



We are so grateful to all who made our 2021 Treasures for TIHAN Benefit—"Rainbows in the Desert"—such a great success! It was 10 fun days of bidding via an online auction, plus a one-hour livestreaming event filled with passion and generosity!

Fantastic sponsors and donors, generous bidders, great businesses and individuals contributing auction items – it all added up to a successful event that

is creating rainbows of support for people living with HIV here in our community.

Because of your support, it was the most important evening of the year for our CarePartners living with HIV as you gave generously to fund vital programs and support services. Powerful testimonials from Kyle, Ed, and Joe; wonderful welcomes from Lupita Murillo and Dan Uroff and Caroline Lochner; fantastic entertainment from Brian Justin Crum from America's Got Talent; and amazing work from our emcee and auctioneer Bobby D!

Thank you to our event co-chairs and our great team of volunteers who pulled together our first major virtual event, and to everyone who joined to make it a wonderful success!

For the list of sponsors, major supporters, and planning team members, visit <https://tihan.org> and click on Treasures for TIHAN!

Jill and Jim Rich
Roadhouse Cinemas
Christina Rossetti, Arbonne
Independent Consultant
Robert and Patricia Ruiz
The RumRunner
Sabino Pottery
Kevin M. Schmidtke
Scordato's Pizzeria
Jim Seidman
Shift Kitchen & Bar
Bruce and Bettina Shore
Ricci Silverman
Simons Physical Therapy
Skate Country
Snooze AM Eatery
Sonoran Glass School
Sparkle Cleaners
Mike Steinberg and Alan Taylor
James Stevenson
Stone Dragon Studio – Dyna
Chin, Artist
Sunrise Jewelers
Alistair Symon
Sally Stevens-Taylor and Ralph
Taylor

TIHAN Development Committee
Today's Patio
True Concord Voices &
Orchestra
Jose Trujillo, Artist
Tubac Golf Resort
Tucson Botanical Gardens
Tucson Clay Co-op
Tucson LGBTQ+ Museum
Tucson Museum of Art
Tucson Pride
Tumerico
Verde Canyon Railroad
Westward Look Wyndham
Grand Resort & Spa
Ray Wood and Bob Guthrie
Joseph Yukish
Zarpara Vineyard
Zelen's Art Studio
Zio Peppe
Zona 78 Italian Kitchen-Enoteca



Soozie, Jill, George, and Thom prepare CarePackages for distribution to people living with HIV at our midtown site, Cornerstone Fellowship



Janice distributes a to-go meal to a CarePartner at the Poz Café drive-by site at our original location, St. Francis in the Foothills United Methodist Church



Our friends at St. Mark's United Methodist Church provide 10% of their income to outreach programs, including TIHAN, to whom they gave \$2,500



Link Specialist Katie gets things organized as CarePartners start arriving for their gift card for food as well as their CarePackage and a "to-go" meal

So Many Ways to Provide Support—Which Ones Are Right for You?

Just as there are so many needs in the community, there are also many ways you can help. In addition to volunteering, you can contribute financially, by sending a check or donating online at <https://tihan.org>. And below are many more creative ways to give. However you choose to contribute, your gifts make a difference!

Sustaining Gifts: Set up your recurring gift, a donation by credit card or debit card, with an ongoing payment of a specific amount—monthly, quarterly, or annually, at <https://tihan.org>

Fry's Food Stores Community Rewards: You can link your Fry's VIP Rewards card to TIHAN, and Fry's will donate a percentage of your purchases to TIHAN (our Fry's ID number is SH655).

AmazonSmile: You can designate TIHAN to receive a portion of your purchase total from Amazon! You can also order our wish list items and have them shipped safely and directly to the TIHAN office. Connect your Amazon account to the charity of your choice: smile.amazon.com/ch/86-0819574

Vehicle Donations: TIHAN accepts donations of cars, boats, motorcycles, any vehicle—whether it's newer, older, or even if it's not in running condition.

Facebook Fundraising: You can create a fundraiser for TIHAN in honor of your birthday, or any occasion or non-occasion, and encourage your friends on social media to contribute.

Workplace: Your employer may have the option to match your charitable contributions! Check with your company and see if they offer matching funds for employees' gifts to nonprofits like TIHAN.

Raffle Tickets: You can purchase a raffle ticket that will give you a chance to win amazing prizes (a new car, a trip across the globe, and \$5,000 cash), and TIHAN gets to keep all the proceeds from ticket sales.

Gifts-in-Kind: You can donate needed items to us—everything from toiletries for our CarePackages, art for our auction, office supplies, holiday gifts, and more. Our wishlist can give you some ideas: <https://www.amazon.com/hz/wishlist/genericItemsPage/2XBTH7G6MOHFQ>

Planned Gifts/Bequests: When you leave your assets to charitable organizations like TIHAN, you can create a legacy that will help you continue to make a difference, even after you are gone. You ensure that programs and services important to you will continue, perhaps in your name.

Corporate and Foundation Grants: Businesses and foundations (including family foundations) can contribute, usually for specific programs or purposes after a proposal has been submitted. Gifts from family foundations and donor-advised funds can also make a tremendous difference in supporting nonprofits such as TIHAN.

Gifts of Appreciated Stock and Real Estate: You may find there are tax benefits for contributing stock or real estate to TIHAN. (And we'd love a donation of a new office building!)

Faith Community Giving: Congregations may contribute to TIHAN, either through a set amount in their budget, a freewill offering, hosting a fundraising event for TIHAN, endowment funds, or contributing in-kind gifts.

Minimum Required Distribution from an IRA (Individual Retirement Account): Required Minimum Distributions are minimum amounts that a retirement plan owner must withdraw annually when they reach age 70 1/2 or 72. A Qualified Charitable Distribution is a direct transfer of funds from your IRA, payable directly to a qualified charity, providing you with tax benefits.

Acknowledging Gifts Made to TIHAN in Honor of and in Memory of Loved Ones

(Gifts received May 16—August 31, 2021)

Gifts Received in Honor Of

David Scott Allen
 Scott Blades *
 James Chapman
 Arlan Colton *
 Deirdre Demers
 Shelly Gallichio
 Ramses Gaona Jacobo
 Robb Gonzales
 Jenny Hartung
 Barbara Kaller-Cohen and Kenny Cohen *
 Dawn Lee
 Jess Losoya
 Pat Small
 Susan Tiss *
 Bobbie Vandegriff

* denotes those for whom multiple gifts have been received during this period of time

“Thank you all for the hard work and dedication through this summer and all year long. Also for the meals and bags of items, so very artfully done. All you do I appreciate so very much!”

—TIHAN CarePartner living with HIV

Gifts Received In Memory Of

A good friend and great woman
 Stephen Andre
 Debbie Barnette
 Charles Burton
 Albert F Callahan
 Jim and Elaine Cooper *
 Jim Crouch
 David
 Tony “TJ” Duffy
 Gwen and Mike Elbert
 Shane Ewing
 Derek Fowler *
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 Myron Morris *
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 James David Stobaugh
 Steve Trujillo
 Bobbie Vandegriff *
 Michael J Vining
 Wayne

Remembering Donors and Volunteers We’ve Lost



Elaine Cooper



Lois Olsrud



Troy St. John



Jorge Reyna

Barbara Kaller-Cohen
(see article on page 1)



THE RED CONCERT
a Benefit for
TIHAN & Center for Health and Hope
Sunday, October 3rd
6 PM
Monterey Court
505 W Miracle Mile, Tucson

Requires proof of vaccination or negative COVID test within 72 hours. Outdoor concert. Doors open at 5pm, show at 6pm. Reserved seating. Full menu of food and drinks available. Concert sponsorship levels range from \$50 to \$1,500 and are available at www.centerforhealthandhope.org

Tickets are \$20, available at www.montereycourttaz.com

Staffing Update: September 2021

Program Manager, Deirdre Demers (ProgramManager@tihan.org)
 Manages all of TIHAN’s support services and programs that care for people living with HIV, including Poz Café

Program Coordinator, Ramses Gaona Jacobo (ProgramCoordinator@tihan.org)
 Coordinates the Link program serving people living with HIV, and oversees the Living Well with HIV program

Operations Manager, Greg Christian (OperationsManager@tihan.org)
 Oversees the administrative operations of the office and the onboarding of new volunteers

Executive Director, Scott Blades (scott@tihan.org)
 Supervises the administration, programs, and strategic plan of the organization, including fundraising, accounting, marketing, and community outreach

Collecting Holiday Gifts for People Living with HIV

The holidays can be a difficult time for many. The season often carries a lot of meaning and a lot of memories. It can be even more difficult for people living with HIV. Many of our CarePartners are rather isolated due to physical or mental health challenges, or being cut off from their families of birth. Many survive on disability income, and some lack the networking and socializing opportunities that a work life can provide.

This holiday season, can you help brighten the day for TIHAN’s CarePartners living with HIV? We are collecting donations of new, unused holiday gifts with a value of \$15-\$25, as well as \$25 gift cards to stores like Target, Walmart, and Fry’s. Donations can be brought to the TIHAN office during business hours: Mon-Fri 8:30am-4:30pm. Please plan to bring all donations in by the priority deadline of Wednesday, November 24 – or at the very latest, Tuesday, November 30. Thank you for sharing your gifts with others to brighten their holidays!

Honoring the Spirit of Philanthropy of Jim and Jill Rich



TIHAN joins the local commemoration of National Philanthropy Day to honor Jim and Jill Rich for making a difference in the lives of people living with HIV/AIDS and so many others in our community.

Jill and Jim have been married for 40 years. Serving together and giving back, they agree, is an important part of their union.

Jill has served as TIHAN's liaison with their faith community Temple Emanuel, as well as with one of the many organizations they are involved with, the Jewish Community Relations Council. Although Jill is often the more public face of their work, Jim is always there helping behind the scenes.

Together, they have organized many fundraising efforts and secured funding and thousands of items for CarePackages for people living with HIV, and helped serve the meals and recruit many volunteers and donors to help TIHAN.

They also help with the Primavera Foundation, where they provide a meal for 100 homeless men twice a year. The Mitzvah Corporation is another nonprofit that they are involved with: Jill is also the administrator, and Jim is a key supporter and volunteer, of this group that provides financial support to people in need throughout the community.

Jim and Jill also have a rich history of assisting the Southern Arizona Chapter of the American Red Cross, aiding with disaster support efforts by helping people after a flood, fire, or other disasters.

Jim is active with the Temple Emanu-El Men's Club, helping support children and youth programs, as well as blood drives for the Red Cross.

Helping welcome and showing love is part of Jim and Jill's genetic makeup. They fostered and adopted two children from Vietnam. They also helped re-settle 54 Lost Boys of Sudan here in Tucson, supporting them in becoming more accustomed to our country and fulfilling their educational goals. They are also active with Lutheran Social Services, serving as mentors for a Syrian family. Jim and Jill are now looking to be of support to new arrivals from Afghanistan who are being relocated to Tucson.

Whether providing funds for shoes for migrants, serving meals to people in need, delivering paperwork and checks for emergency rent assistance, mentoring, or any of their vast charitable efforts, Jill and Jim give generously of their time, talents, and treasures.

"I feel it's my duty to contribute to the common good of society," Jim shared. "People need to be supported and loved, and then they can begin to thrive." Jill added, "What's important is to encourage each other to repair the world, improve our community and all people. We can all make a difference."

With gratitude, TIHAN recognizes Jim and Jill Rich with our 2021 Spirit of Philanthropy Award, to be presented at the National Philanthropy Day event held virtually this year on November 12.

The Spirit of Philanthropy Award recognizes people for their generous spirit, evidenced in their contributions of time, efforts, and/or resources. These people demonstrate extraordinary leadership and vision in support of charitable agencies' goals. Their contribution makes a better community a reality. We honor them and are grateful for their spirit of giving. They truly inspire us all.

Thank you, Jim and Jill, for changing the world with your giving hearts!

SHARE THE NEWS!

U=U

Undetectable Equals Untransmittable

What does this mean?

If someone is living with HIV and takes anti-retroviral medications to reduce the amount of virus in their system, their HIV level can become "undetectable" (still present, but at a very minimal level), and they cannot transmit HIV to their partner through sexual contact.

People with HIV who take HIV medicine as prescribed and get and maintain an undetectable viral load have effectively no risk of transmitting HIV to their HIV-negative sexual partner.

* The possibility of people who inject drugs and have undetectable HIV transmitting the virus through sharing needles has not yet been determined, but is expected to prove to be reduced risk.



wishlist

amazon smile
You shop. Amazon gives.

To see the items on our wishlist, visit www.tihan.org, then click on "donate," then "wishlist."

You can easily order many of our items through your Amazon account or AmazonSmile account, and have it shipped directly to TIHAN. Thank you!